



CMP DEGREE COLLEGE, PRAYAGRAJ
(A Constituent PG College of University of Allahabad)



CAREER COUNSELLING AND PLACEMENT CELL
and
DEPARTMENT OF PSYCHOLOGY

is organizing

Lecture on Managing Stress

on

February 19, 2024 at 12:40 PM

Venue: Pyarelal Auditorium, Main Campus, CMP Degree College Prayagraj

Chief Patron:

Dr. Sushil Kumar Sinha, Chairman, Kayasth Pathshala

Patron:

Prof. Ajay Prakash Khare, Principal, CMP Degree College

Convener:

Dr. Ruchika Varma
Career Counselling and
Placement Cell

Co-convener:

Dr. Bireshwar Pandey
Career Counselling and
Placement Cell

Members, Organizing Committee:

- Dr. Satyendra Kumar
- Dr. Purnendu Mishra,
- Dr. Ranjana Tiwari
- Dr. Archana Raje
- Dr. Pranay Kant Biswas,
- Dr Gaurav Patel
- Dr. Mahesh Kumar Maurya
- Dr. Khushboo Agrawal